

## CHILD CARE

OPTIONS COMMUNITY SERVICES CHILD CARE RESOURCE AND REFERRAL  
www.childcareoptions.ca | 604-572-8032  
#100 – 6846 King George Boulevard, Surrey

Child Care Resource and Referral (CCRR) links families and child care providers in the communities of Delta, Surrey and White Rock by offering free consultation, support and child care referral services as well as subsidy support to parents seeking child care. In addition, Child care providers are supported through information, outreach, resource library, networking, and training opportunities.

## MATERNAL & CHILD HEALTH

PUBLIC HEALTH UNITS offer a range of supports, resources and referrals including: immunizations, prenatal and postnatal support, breastfeeding clinics, communicable disease follow-up, school health programs, speech and hearing programs, dental and nutrition information. Contact your local health unit for further information.

www.fraserhealth.ca/your\_health/infants

North Surrey Health Unit | 604-587-7900  
Guildford Health Unit | 604-587-4750  
Cloverdale Health Unit | 604-575-5100  
Newton Health Unit | 604-592-2000  
White Rock Health Unit | 604-542-4000  
North Delta Health Unit | 604-507-5400

### HEALTHIEST BABIES POSSIBLE

OPTIONS Community Services – Support, health, education and referrals for pregnant women and their families in Surrey, Delta, and White Rock.  
604-583-1017 | www.options.bc.ca

### INFANT DEVELOPMENT PROGRAM – SOURCES

Home visiting program for families with infants with disabilities/delays.  
604-531-6226 | www.sourcesbc.ca  
882 Maple Street, White Rock

### FRASER HEALTH ABORIGINAL FRIENDSHIP CENTRE ASSOCIATION OF SACS ABORIGINAL INFANT DEVELOPMENT PROGRAM

The Aboriginal Infant Development Program supports families in meeting the needs of children under the age of three, who have or are at risk of facing development delays or disabilities. Participation is by referral.

604-595-1170 | www.sacsbc.org  
6878 King George Boulevard, Surrey

## PLAY & LEARN PROGRAMS

The following organizations offer programs that provide opportunities for interaction and play with families/caregivers which help promote healthy development and prepare children for school.

### SURREY SCHOOL DISTRICT 36

The Surrey School District offers early learning opportunities for parents/caregivers and children prior to school entry.  
604-596-7733 | www.surreyschools.ca  
14033 - 92 Avenue, Surrey

**StrongStart** – Free drop-in program for parents/caregivers and their children aged birth to five years old. Parents and caregivers discover new ways to support children's learning at home while making valuable connections with others in the community. There are currently 23 StrongStarts at 22 schools throughout the District.

**Ready, Set, Learn** – Events held throughout the district provide three- and four-year-old children and their families with an opportunity to participate in a series of play-based learning activities within the school setting.

**Community-School Partnerships** – Links local programs and services to Surrey schools to provide expanded learning opportunities and a continuum of supports for students and their families.

**CITY OF SURREY – PARKS, CULTURE & RECREATION** City of Surrey offers the following programs for families and children: Preschools, parent participation preschools, Stay & Play, preschool play days, recreation & sports programs for children and youth of all ages. Please phone or browse the website for details. Also available through the Leisure Guide.  
604-591-4011 | www.surrey.ca/culture-recreation  
14245 - 56 Avenue, Surrey

### KENSINGTON PRAIRIE COMMUNITY CENTRE

A unique City facility designed to support family and children enrichment programs in collaboration with community partners. Programs offer a range from child care, family resource programs, recreation & sports programs, drop-ins, heritage extension preschool programs, etc.  
604-541-3270 | www.surrey.ca/7794.aspx  
16824 - 32 Avenue, Surrey

### YMCA – TONG LOUIE

Offers a range of preschools, day camps, recreation & sports, family programs for children and youth of all ages.  
www.vanymca.org/centres/tonglouie  
14988 - 57 Avenue, Surrey

### SURREY LIBRARIES

Free storytimes for babies, toddlers, preschoolers and older, including special ESL and Daddy programs. Offered daytimes, evenings and weekends. Hear stories, sing songs, play games, laugh with puppets and meet new people. Share books and language with children to encourage a lifelong love of reading.  
www.surreylibraries.ca | 604-598-7427

## MIDDLE CHILDHOOD RESOURCES

### SUPPORTS FOR LEARNING & LITERACY

#### Surrey Libraries

Offers FREE after-school and weekend book clubs, Reading Buddies, LEGO, movie, board game programs and X-Box tournaments. Some programs require registration. www.surreylibraries.ca | 604-598-7427

#### Surrey Schools

Community-Schools Partnership – There are 25 designated community schools throughout the district.  
604-595-6357 | CSPR-Office@surreyschools.ca | www.surreyschools.ca

### PARENTS AND CHILDREN WHO REQUIRE EXTRA SUPPORT

#### Learning Disabilities Association Fraser South

Affordable programs for children with learning and attention difficulties and parents. 604-591-5156 | info@ldafs.org | www.ldafs.org

#### Friends Of Simon Tutoring

SFU students are assigned as tutors to newcomer students K – 12.  
778-782-7342 | fosimon@sfu.ca

### AFTER SCHOOL PROGRAMS & CHILDCARE PROGRAMS

#### Boys & Girls Clubs of South Coast BC

After-school drop-in programs, day camps during pro-d days and holiday breaks. (6 - 12 year olds) Activities focusing on skills development and relationship building.  
604-778-4445 | www.bgcsouthcoastbc.ca | 10135 - 132 Street, Surrey

#### Surrey School District 36

604-595-6084 | www.surreyschools.ca

#### City of Surrey (see their Kids Welcome to Surrey page)

Kensington Prairie Community Centre child care & after school programs. 604-541-3270 | www.surrey.ca/7794.aspx  
MyZone 9-12 year olds. After school drop-in programs.  
Newton & Guildford | www.surrey.ca/recreation

#### OPTIONS Community Services Child Care Resource and Referral

Provides information about childcare for 6 – 12 year olds.  
604-572-8032 | www.childcareoptions.bc.ca

#### Alexandra Neighbourhood House - Programs for children 6-12 years of age including child care, camps and leadership programs.

604-535-0015 | info@alexhouse.net | 2916 McBride Avenue, Surrey

### RECREATION & ENRICHMENT PROGRAMS

**Tong Louie Family YMCA** | Offers a range of sports, leadership, crafts, drop-in, babysitting courses, family nights & summer camps.  
www.vanymca.org/centres/tonglouie | 14988 57 Avenue, Surrey

**YWCA That's Just Me & Boys 4 Real** | After-school program offered at selected elementary schools to help Grade 7 girls and boys with their transition to high school, which can be challenging.  
604-895-5779 | youth@ywcavan.org | 535 Hornby Street, Vancouver

**City of Surrey** | A range of programs available at the city recreation centres, arenas and pools. | www.surrey.ca/kids/6057.aspx

**Scouts Canada** | After school programs for boys & girls focused on leadership and personal development.  
604-970-4198 | erogers@scouts.ca

**BC Girl Guides** | 1-800-565-8111 | www.bc-girlguides.org



## RESOURCES FOR FAMILIES WITH YOUNG CHILDREN IN SURREY & WHITE ROCK

The Children's Partnership members work together to support the health, well-being and learning potential of children during the first twelve years of life, in collaboration with families and community organizations.

# Call 211

211 is an easy-to-remember, three-digit telephone number that provides free, confidential, multilingual information and referral to a full range of community, social, and government services.

[redbookonline.bc211.ca](http://redbookonline.bc211.ca)



[www.childrenspartnershipsurreywr.com](http://www.childrenspartnershipsurreywr.com)

## CHILDREN & PARENTS WHO REQUIRE ADDITIONAL SUPPORT

### CENTRE FOR CHILD DEVELOPMENT

Early intervention programs for children with developmental delays; Provides specialized pediatric medical rehabilitation services and supports. 604-584-1361

[www.centreforchilddevelopment.ca](http://www.centreforchilddevelopment.ca) | 9460 - 140 Street, Surrey

### MAXXINE WRIGHT COMMUNITY HEALTH CENTRE

Supports women who are pregnant or who have very young children at the time of intake who are also impacted by substance use and/ or violence and abuse.

[www.atira.bc.ca/maxxine-wright-community-health-centre](http://www.atira.bc.ca/maxxine-wright-community-health-centre)  
13733 - 92 Avenue, Surrey

### MINISTRY OF CHILDREN & FAMILY DEVELOPMENT – CHILD & YOUTH MENTAL HEALTH TEAMS

These services provide a wide range of community-based specialized mental health services to children and their families. See website for specific locations in Surrey-White Rock. 604-502-5385 | [www.mcf.gov.bc.ca/mental\\_health](http://www.mcf.gov.bc.ca/mental_health)

### SUPPORTED CHILD DEVELOPMENT PROGRAM AT CENTRE FOR CHILD DEVELOPMENT

604-584-1361 | [webmail@centreforchilddevelopment.ca](mailto:webmail@centreforchilddevelopment.ca)

## PARENT WORKSHOPS & SUPPORT

The following organizations offer parent workshops that will provide you with information and tools designed to support you in developing your own ways to promote your children's growth and development.

### PARENTING PROGRAMS OF OPTIONS COMMUNITY SERVICES

Outreach counseling services and parenting education for families to help parents strengthen their parenting skills.

604-583-3852 | [www.options.bc.ca](http://www.options.bc.ca)  
6846 King George Boulevard, Surrey

### CHILDREN'S FOUNDATION

Offers a combination of parent training, counseling, prevention, intervention, and collaborative programs.

604-586-3351 | [www.childrens-foundation.org](http://www.childrens-foundation.org)  
10453 Whalley Boulevard, Surrey

Right from the Start  
Triple P Positive Parenting Program  
COPEing with Toddler Behaviour



### DIVERSEcity

Multicultural outreach for immigrant parents and children under 6. Social networking and support system among immigrant and refugees families. The services provided in this program vary and may be offered in respective languages to the Vietnamese, Somali, Filipino, Punjabi, Chinese, Arabic and Spanish communities.

### ALEXANDRA NEIGHBORHOOD HOUSE

Combination of parent groups & workshops including Listen To Me and Positively Parenting Toolkits.

[www.campalex.com](http://www.campalex.com) | 604-535-0015  
2916 McBride Avenue, Surrey

## FAMILY RESOURCE PROGRAMS

Drop in programs which provide parents, caregivers and children 0-6 a place to play and experience fun activities in a warm and welcoming drop-in environment. Family Resource Programs (FRP's) are delivered by different organizations throughout Surrey and White Rock.

### OPTIONS COMMUNITY SERVICES

OPTIONS operates five Family Resource Programs.

[www.options.bc.ca/contact.php](http://www.options.bc.ca/contact.php)

CloverValley Family Resource Program  
604-613-5237 | Cloverdale Rec Centre  
6188-176 Street, Surrey

Guildford Family Resource Program  
604-583-3844 | 10310 - 154 Street, Surrey

Newton Family Resource Program  
604-572-8032 local 1550 | The Early Years Centre  
#100 - 6846 King George Boulevard, Surrey

Whalley Family Resource Program  
604-580-2344 | Oak Avenue, Neighbourhood Hub,  
12740 - 102 Avenue, Surrey

P.E.A.P.S. – (Parent Education & Peer Support Program)  
604-580-2344 | Oak Avenue, Neighbourhood Hub  
12740 - 102 Avenue, Surrey

### FIRST STEPS

A unique partnership program of DIVERSEcity, Options and Umoja to provide a range of specially designed supports to NEWLY ARRIVED refugee children & their primary caregivers so they may transition to other family services. 604-597-0205 ext. 2104 | [www.options.bc.ca](http://www.options.bc.ca)  
10025 Walley Boulevard & 201-7380 137th Street, Surrey

### SEMIAMMOO FAMILY PLACE

Kensington Prairie Community Centre  
604-541-3261 | [www.semiammoofamilyplace.com](http://www.semiammoofamilyplace.com)  
16824 32 Avenue, Surrey

### ALEXANDRA NEIGHBOURHOOD HOUSE

604-535-0015 | [www.campalex.com](http://www.campalex.com)  
2916 McBride Avenue, Surrey  
Operates the Alexandra Family Place & Alexandra Children's Centre

### FRASER HEALTH ABORIGINAL FRIENDSHIP CENTRE ASSOCIATION

Family Nights, Drop In, ECD Outreach, Support Circles & Aboriginal Headstart  
604-595-1170 | [www.sacsbcc.org](http://www.sacsbcc.org)  
6878 King George Boulevard, Surrey

## PROGRAMS FOR YOUNG PARENTS

### GROWING TOGETHER DAYCARE

Growing Together is an education and childcare program for young mothers and their children.

604-584-1181 | Guildford Park Secondary School  
10707 - 146 Street, Surrey

## FREE & LOW COST SERVICES

Visit Options Community Services at:

[www.options.bc.ca/uploaded\\_resources/whatsnew\\_id00024.pdf](http://www.options.bc.ca/uploaded_resources/whatsnew_id00024.pdf)  
for a Guide to Free and Low Cost Goods and Services (including free meals) in Surrey (Surrey Survival Guide).

### FOOD SERVICES

Surrey Food Bank Society  
Open Monday, Tuesday, Thursday and Friday 9am-1pm  
10732 City Parkway Surrey  
604-581-5443 | [www.surreyfoodbank.org](http://www.surreyfoodbank.org)

Sources Community Resource Centre | Food Bank  
#5-15515 - 24 Avenue, (Village Centre) Surrey BC  
604-531-8168 | [www.sourcesbc.ca](http://www.sourcesbc.ca)

Sources Women's Place | Nutritious hot lunches,  
Tuesday - Friday from 12 noon - 1:30pm, for women  
and their children.  
604-536-9611 | 15318 20 Ave, Surrey

Muslim Food Bank  
778-297-4252 | [www.muslimfoodbank.com](http://www.muslimfoodbank.com)



### HOUSING & SOCIAL DEVELOPMENT SERVICES

Housing Applicant / Rental Assistance Program  
SAFER Inquiry Line Lower Mainland | 604- 433-2218  
Kekinow Native Housing Society | 604-591-5299 | [www.kekinow.ca](http://www.kekinow.ca)  
Habitat Housing Society | 604-596-4321  
Housing Registry - Options Community Services | 604-590-RENT

### LEGAL ADVICE

Info Line | 604-531-6226

### OTHER SERVICES

Police/Ambulance/Fire | 911  
Surrey RCMP (Non-Emergency) | 604-599-0502  
Poison Centre | 604-682-5050  
Victim Link BC | 1-800-563-0808 | [www.victimlinkbc.ca](http://www.victimlinkbc.ca)  
Fraser Health/Options Crisis Line | 604-951-8855  
Parents Support Services | 604-669-1616 | [www.parentsupportbc.ca](http://www.parentsupportbc.ca)

BC Mental Health Information Line | 604-669-7600  
Adolescent Crisis Response Program | 604-585-5561  
After Hours Mental Health Services | 1-877-384-8062  
Child and Youth Mental Health | 604-951-5844 or 604-586-2685  
Surrey Mental Health & Office | 604-953-4900  
White Rock/South Surrey Mental Health Centre | 604-541-6844

Healthlink BC | 811  
Health & Seniors Information Line | 1-800-465-4911

Girl Guides of Canada | 1-800-565-8111 | [www.girlguides.ca](http://www.girlguides.ca)  
Big Brothers of Greater Vancouver | 604-876-2447  
[www.bigbrothersvancouver.com](http://www.bigbrothersvancouver.com)  
Big Sisters of the Lower Mainland | 604.873.4525  
[www.bigsisters.bc.ca](http://www.bigsisters.bc.ca) | [info@bigsisters.bc.ca](mailto:info@bigsisters.bc.ca)  
Surrey Substance Use Services  
604-585-5610 | 13740 94th A Avenue, Surrey

### HELPLINE

Know a child who needs help?  
Call 310-1234 (no area code needed)

This is a toll-free service. If you are calling from a pay-phone, there is no charge to call the operator.

To use the Telephone Device for the Deaf  
1-866-660-0505 | [www.safekidsbc.ca](http://www.safekidsbc.ca)

